

PACKING LIST

Destination _____ Days _____ Weather: Hot Cold Mild

CLOTHING

- ___ **Boots—6-8" all-leather lace up construction boots.** May have gortex on the boot. No zippers
- ___ **Socks and underwear—6-10 pair**
- ___ **Jacket and/or sweatshirt** depending on climate
- ___ **Sleepwear**
- ___ **Swimsuit and coverup—**see back for details.
- ___ **Belt—**all guys must bring a belt
- ___ **Travel pants—**1 tan/khaki pants/trousers (no frayed hems)
- ___ **Preteens:** 2 tan/khaki pants/trousers (no frayed hems)
- ___ **3 work outfits—**lightweight work pants or jeans and T-shirts
- ___ **1 dress outfit**
- ___ **Guys:** pants (no denim) and collard button down dress or polo shirts. No suits or banded-collar shirts (unless polo) for church.
- ___ **Girls:** dress, blouse and skirt or jumper and a knee-length slip. No T-shirts or denim material for church.
- ___ **For the field, evangelism teams will need:**
- ___ **2 work outfits—** lightweight work pants or jeans and T-shirts

GEAR

- ___ **Bible—**(with both Old and New Testaments), which will be written in during Bible classes. You may want a Bible cover to protect your Bible.
- ___ **Sleeping bag or sheets and a blanket**
- ___ **Air mattress or waterproof camping mat**
- ___ **Pillow**
- ___ **Bucket—**plastic, 5 gallon (for laundry and bathing)
- ___ **Scrub brush**
- ___ **Clothespins and clothesline 20-25ft.**
- ___ **Laundry detergent or bar**
- ___ **Boot polish—**or mink oil or other water repellent for boots
- ___ **Mosquito repellent** for Boot Camp and project site as needed
- ___ **Flashlight and extra batteries**
- ___ **Plate (or tray), bowl and silverware**
- ___ **Camera—**case for protection, memories card(s), but no large cases or extra lenses. You will want to bring disposable batteries, as you will not be able to charge your camera battery.
- ___ **Work gloves—**1-2 pairs (work teams)
- ___ **Glasses safety strap—**required for those who wear prescription glasses
- ___ **Unbreakable, sturdy water bottle**

HYGIENE

- ___ **Toothpaste, soap, other personal items such as baby wipes, hand sanitizer and medicated powder**
- ___ **Towel and washcloth—**1-2, lightweight
- ___ **Toilet paper**
- ___ **Band-Aids—**one large box and blister-care bandaids

OPTIONAL

The following items are highly recommended by former team members, but optional:

- ___ **Zip Lock bags—**1-2 gallon size to organize, pack and keep items dry (especially during Boot Camp and travel)
- ___ **Battery operated fan** with extra batteries for Boot Camp

PAPERWORK, MONEY & MORE

The following items should be carried in a backpack or other pouch attached to the body if flying to Boot Camp. They need to be easily available, for immediate use upon arrival at Boot Camp, for Registration, or collected by the team leader:

- ___ **Passport—**unless already mailed in with visa application. **DO NOT MAIL IN PASSPORT UNLESS NOTIFIED TO DO SO.**
- ___ **Balance of your support with donor coupons filled out**
- ___ **Shot Record—**record of immunizations (childhood and/or international immunizations as applicable)
- ___ **Deposits/Departure taxes—**Tent (\$20) Deposit and Departure Taxes (see *Specific Team Fact Sheet*)
- ___ **Visa money—**Only those teams notified
- ___ **Personal spending money**
- ___ **Copy of contributors list with addresses**
- ___ **Copy of Finance Record**
- ___ **Itinerary for travel home or explanation of how team member is getting home and Transportation Home Card** (if not already mailed)

The following items need to be easily available (at top of luggage or in your carry-on) upon arrival at Boot Camp for Registration for immediate use:

- ___ **Tool or Gift Card—**listed in *Specific Team Fact Sheet*. If the tool is large, it may be packed separately. A gift card from a home improvement/hardware store may substitute bringing a tool to Boot Camp.
- ___ **Dish Bag—**(a hand-made bag of cotton fabric with drawstring. Approximately 24"x16" No mesh bags.) with silverware in it. The bowl and plate can be packed in your box.
- ___ **Water Shoes—**for swimming and bathing only—can be closed-in or sandal-type (must have a back strap)—no flip-flops, canvas/lace-up shoes or croc type.

*Items left at Boot Camp and will not be counted in weight limit

How to Pack:

All your belongings need to be brought in a sturdy cardboard box or plastic tote that is labeled with your name and team number. A duffel bag will be issued to you. Each person is limited to one duffel bag—**total weight limit is 35 pounds (45 pounds for non-flying teams) including bedding** (sleeping bag or blankets, sheets and air mattress). Teen Missions will issue a carryon, no other luggage is permitted. Personal backpacks are helpful at Boot Camp, but must be emptied out and placed in your duffel for travel or left behind. **Bible, boots, and the travel clothes you will be wearing are not included in your weight limit.**

If your luggage exceeds the weight limit, excess items can be left at Boot Camp to be picked up at Debrief, or donated to the Teen Missions Missionary Barrel to be distributed to those in need.

Clothing Exchange: You are required to bring to Boot Camp everything you are taking on the team. No one will be permitted to exchange clothing at Boot Camp, airports, homes, etc. What you bring is what you take. **If visitors bring you additional clothing, you will not be permitted to receive it.**

Definitions and Suggestions:

Dress outfits—guys: For church or evangelism—dress slacks (no denim), collared shirt. Dress jeans and T-shirts may *not* be worn to church. Ties are optional unless otherwise stated in *Specific Team Fact Sheet*. No suits or banded-collar shirts. (polo shirts for church are acceptable)

Dress outfits—girls: For church or evangelism—dresses or skirts (no denim) must be below the knee. A knee-length slip **must** be worn with thin skirts/dresses. No sleeveless tops or blouses permitted. (No T-shirts for church)

*Work outfits—*Lightweight work pants (weigh less than jeans and are cooler and easier to wash). Consider the climate of the country where you are going when deciding on weight of clothing. T-shirts are good to work in.

*Casual outfits—*Khakis, cargo pants, cotton slacks, jeans and clean shirt—not ever worn for work.

*Boot Camp clothing—*You may want to bring clothing to be worn only at Boot Camp that you either donate or leave at Boot Camp and pick up at Debrief. This will enable you to keep clothing for the field clean and packed away. It can also help you to accurately determine the weight of your belongings prior to Boot Camp. *This is optional. Another option is to bring a second pair of boots to be worn during the OC (this is NOT required).*

Clothing NOT to Bring:

- Any footwear other than boots and water shoes
- Tank tops
- Shorts (unless used as sleep wear or over ladies' bathing suits while swimming/bathing)
- sweat pants
- Military-like clothing or any camouflage (even pink)
- Oversized or baggy jeans or pants—unless elasticized or worn with a belt
- Clothing or other items that may be offensive to our Christian testimony are not permitted. This includes screen-printed items like *Hard Rock Café*, cigarette and beer advertisements, secular rock groups, rude or suggestive phrases, or anything that would be a poor Christian testimony. This also includes those resembling cigarettes, beer or rock groups even if they may be Christian shirts.
- Skinny jeans or skinny/tight pants
- Tight clothing (shirts or pants)
- Pajama pants are allowed at Boot Camp and Debrief ONLY. They must adhere to the following standards:
 - a. Must be dark in color
 - b. Can be plain
 - c. Can be plaid or have stripes
 - d. No "character" or worded PJs (as they are not plain, striped or plaid)

Clothing Must Be Modest and Neat:

Neither males nor females may tie up the bottom of their shirts to expose the midriff, nor can they roll up their sleeves to create a sleeveless shirt. **DO NOT BRING TIGHT CLOTHES** that give the poured-in look—you will **NOT** be allowed to wear them. The following clothing guidelines apply the moment you enter Boot Camp, arrive at the airport or bus station and apply until you reach home. Please come prepared and do not bring any of the following items, as you will not be permitted to wear them in order that we may uphold our witness both as a ministry and as Christians.

Guys

- You are to wear shirts at all times (with the exception of swimming).
- You must bring a belt.
- Trousers must be at the waist with no undergarments showing.
- No skimpy swim trunks
- No skinny jeans
- Gauges are not allowed at ANY time for piercings

Girls

- Girls must wear bras. The midriff should not show when bending over or raising your arms. When either standing or bending, you must be modest on top.
- ALL trousers/pants need to touch your ankle
- A one-piece bathing suit (with shorts) or a tankini with a long top over shorts is required. Do not bring two-piece swim suits. You will be asked to bring wear a T-shirt if the top is not modest. Cover-up - you will need to bring a knee-length cover up with sleeves to wear over your swimsuit (except when swimming)
- No split skirts that look like shorts or capris
- No sleeveless shirts, blouses, dresses or tops— Sleeves must be at least four inches below where the shoulder and arm meet (no cap sleeves)
- No sheer or see-through skirts or dresses unless worn with a knee-length slip
- No dresses or skirts above the knee—slits cannot go above the knee
- No sun dresses. No strapless clothing, even if something is worn over it.
- No low-cut (front or back) dresses, blouses/T-shirts including v-necks, scoop necks and any deep front cut in which any cleavage shows. Necklines cannot be any lower than four fingers below neck line (regular, v-neck or scoop neck)
- No showing of undergarments (sport bras, etc.)
- No tight or form-fitting tee shirts or pants. Shirts must be somewhat loose.
- No skinny jeans/pants
- Gauges are not allowed at any time for piercings

Label Your Belongings

Every item you bring to Boot Camp should be labeled with your name and team number. Use permanent ink markers, iron-on or sew-on labels.

Items NOT to Bring:

- No electronic devices of any kind
- No extreme trendy-type reflective sunglasses
- No valuables, jewelry, expensive clothes, or excessive makeup
- No electric, butane, or battery-operated curling irons, hair dryers, or shavers
- No books or magazines, Christian or secular (this includes any books that you may have been assigned by a school to read over the summer)

Please do not call and ask for exceptions.

There is nothing wrong with owning these things; however, they are not permitted while serving with Teen Missions as they tend to distract teens from the purpose of the team.

The following items will be confiscated upon your arrival at Boot Camp, as you will not be allowed to have them at Boot Camp, on the field, or at Debrief. You will be required to sign a statement in the presence of a witness stating you do not possess these items: hunting knives, switchblades, guns, lighters, matches, fireworks or weapons of any kind. Cell phones, laptops, e-reader, tablets, any electronic games, or smart watches.