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This booklet is designed to help you and your parental guardians make sure that you have and pack everything that you need for Boot Camp, on the Field, and finishing out the summer at Debrief! You got this!

**NOTE:** This does NOT include specific details and requirements for each item. Be sure to read your <u>TEEN MISSIONS FACT SHEET</u> to ensure that you get the right things and remember those things when it comes to packing them away in your tote!

#### **KEY:**

Items that have "+" should be looked up in the Fact Sheet to see the requirements, restrictions, and suggestions in those areas.

Scan the QR Code to go to a digital copy of the Teen Missions Fact Sheet.



- ☐ + Boots
- + Water shoes
- Socks
- Underwear
- Jacket and/or sweatshirt
- + Sleepwear
- + Travel pants
- + Work outfits
- + Church outfits







- Toothbrush and toothpaste
- Soap and shampoo
- Towel and washcloth
- Band-aids and blister care
- ☐ Brush/comb
- 3 Deodorant





	Bible
	Backpack
	Sleeping bag or sheets and a blanket
	Air mattress or camping mat
	Pillow
	Bucket and scrub brush
	Clothespins and clothesline
	Laundry detergent
	Boot polish
	Mosquito repellent
	Flashlight and extra batteries
	Plate, bowl, and silverware
	+ Dish bags
	+ Camera, case for protection, memory card(s)
	Work gloves
	Water bottle
	Wristwatch
	+ General over-the-counter medications
	Sunscreen
П	Battery-operated fan

# How to Pack

Pack all belongings in a plastic tote labeled with your name and team number. A duffel bag will be issued to you at the end of Boot Camp. Each person is limited to one duffel bag—total weight limit is 35 pounds including bedding. Teen Missions will issue you a carry-on. No other luggage is permitted. Personal backpacks are helpful at Boot Camp, but must be emptied out and placed in your duffel for travel or left behind to be picked up at Debrief. Bible, boots and the travel clothes you will be wearing are not included in your weight limit.

If your luggage exceeds the weight limit, excess items can be left at Boot Camp to be picked up at Debrief or donated to Teen Missions to be distributed to those in need.

The following items should be in your backpack and easily accessible for immediate use upon arrival at Boot Camp:

- ♦ Passport
- Balance of your support with donor coupons filled out
- ♦ Immunization record
- ♦ Medications
- ♦ Deposits of \$50 (cash only)
- Visa money for those teams notified
- Personal spending money
- ♦ Transportation Home Information (itinerary)
- Gift card from a home improvement/hardware store
- ♦ Dish bags + silverware
- Water shoes
- Travel clothes



- Pack separate clothes for Boot Camp and Field
- Bring a hat for protection from the sun
- Safety strap for prescription glasses
- Extra pair of glasses
- ♦ Battery-operated fan
- Zip-lock bags (1-2 gallon size to organize, pack and keep items dry)
- Items needed for contact lenses
- Toilet paper
- Wipes and hand sanitizer
- ♦ Sunglasses
- Medicated powder
- Compression shorts or anti-chafe balm
- ♦ A large cup for bath time







### **OUR MISSION**

To inspire and equip a new generation to boldly proclaim salvation in Christ alone.

### **OUR VISION**

To serve the Church as a strategic resource for motivating, training, and mobilizing youth to fulfill the Great Commission.



